AUTHORIZATION TO RELEASE MENTAL HEALTH INFORMATION

FROM YOUR CLINICAL RECORD TO THE PERSON/ORGANIZATION YOU DESIGNATE

l,	, DOB,
Authorize Carolyn Nowakowski, Psy.D. to exchange informat	ion with:
Name/Organization:	Phone Number:
Address:	Fax Number:
Specific nature of information to be released:	suppose any of two atmosph
any or all of the following	summary of treatment
attendance/scheduling/transportation	response to treatment/progress
information related to payment	prognosis
presenting complaints/issues	recommendations/suggestions
diagnosis and/or assessment resultstreatment plan and goals	substance use/abuse informationinitialother:
The information above is being released for the purpose of	
facilitating consultation and/or collaborationf	
	acilitating family involvement in treatment
facilitating scheduling/transportationo	ther:
I understand that:	
1. This consent will automatically expire one year from	n signing unless a different date of expiration is specified
here:	
2. I have the right to copy and inspect the information	being disclosed.
	ing, at any time by sending such written notification to my provider's
	e to the extent that my provider has taken action in reliance on the
	as a condition of obtaining insurance coverage and the insurer has a leg
right to contest a claim.	
_	but are not limited to: Illinois Mental Health and Developmental
	.CS 5/8/2001 (inspection and copying of hospital records), and any
relevant confidentiality code of any state, and the E	
	pecified above, the following are the consequences:
My psychologist generally may not condition psycho	ological services upon my signing an authorization unless the
	urpose of creating health information for a third party.
Client (Adult or Minor over age 12)	 Date
Parent/Guardian of minor or legally disabled client/patient (i	if applicable) Date
Witness	 Date
If the signature is not the client's, indicate the legal relationship of the signe client:	er to the client and the legal basis on which the consent is given for the
	ois Mental Health and Developmental Disabilities Confidentiality Act (740 ILCS 110/1

et.seq.) you may not re-disclose any of this information unless the person who consented to this disclosure specifically consents to such re-disclosure. Under Federal Act of July 1, 1975, Confidentiality of Alcohol and Drug Abuse Patient Records, no such records, nor information from such records, may be further disclosed without

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the client's specific authorization for such disclosure.

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